



## **SANCTUARY RUNNERS**

Who is hard to reach?

I-PARC 19.01.23





Using running, walking & jogging to bring everyone in the community together – including asylum seekers, refugees and all migrants

#### We Run As One in Solidarity | Friendship | Respect







**Parkruns** 5km **10km Half Marathons** Marathons **Teas & coffees Scones** Chats

IMPACT	6		
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# When I came back the next week, people remembered my name.



### I loved the scenery of the park. It was calming.

## And I loved that all the people I met knowingly chose to be there.

It was a form of welcome, acceptance and solidarity, the significance and value of which I can't quite put into words

## AN ENVIRONMENT OF BELONGING

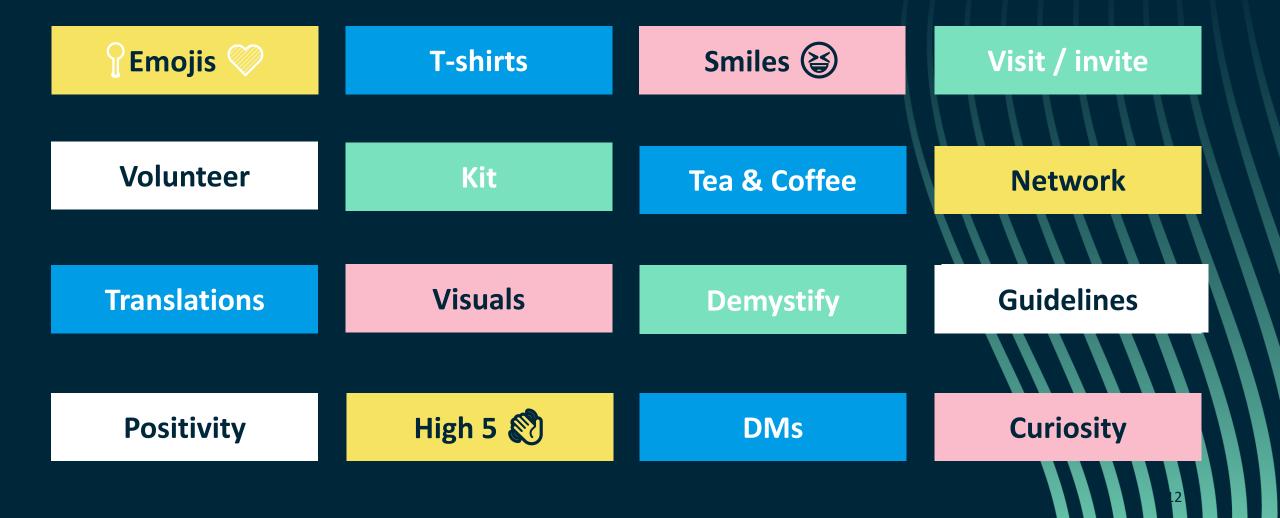
#### Who we reach?

#### **Everyone**

- □ From the start
- Long-time locals, 'blow-ins', newto-the-area migrants, people living in direct provision, people living in emergency accommodation
- Regardless of gender, nationality, religious belief or race



#### What builds the bridges?





74%

before

#### 81%

Had never spoken to a resident of direct provision

Had forged friendships with people living in direct provision

Did not know where the nearest Direct Provision centre was located before joining

**52%** 



## SANCTUARY SWIMMERS







## Who is hard to reach?

## Thank You

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### **Our Challenges?**

- Women
- Work
- Transfers
- Everything vs nothing!
- Money
- Time